## Principles of Anti-microbial Therapy



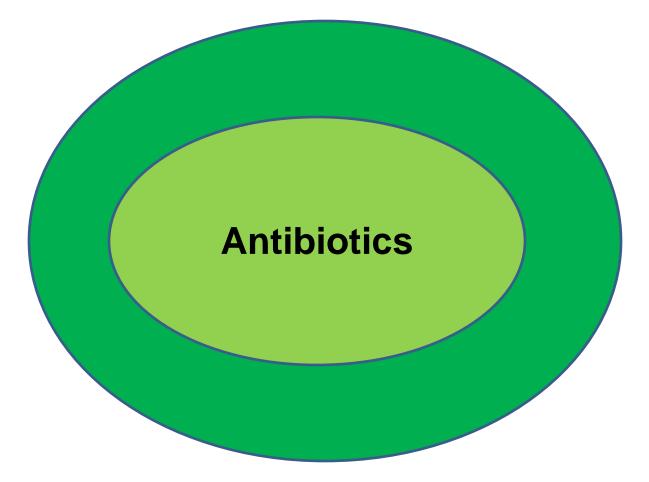
#### **Antimicrobial drugs**

An antimicrobial drugs are any substance of natural, semisynthetic, or synthetic origin either to kills or inhibits the growth of a microorganism, <u>BUT</u> causes little or no host damage.....

Ex: (Quinolones, Sulfonamides)

#### **Antibiotics (ATB)**

- Substances produced from certain of microorganisms (M.O) either bacteria or fungi to act against other M.O.
- To suppress (inhibit) the growth of M.O or to destroy (kill) them.
  - Ex:- (penicillins, tetracyclines)



The most imp thing that these drugs should do no harm to the host cell.

## (Highly selectivity drugs against M.O rather than human cells)

From where did this selectivity of these drugs come????

#### Differences between bacteria & human cells

Bacterial cells	Mammalian cells
Cell wall	No cell wall
Small Ribosome (70s)	Large Ribosome (80s)
Folic acid come from :-	Folic acid come from
Conversion of	Dietary folate
Para AminoBenzoic Acid ( <b>PABA</b> ) to folate	

 the selective toxicity is relative rather than absolute, requiring that the concentration of the drug be carefully controlled to attack the M.O while still being tolerated by the host



# Classification of antimicrobial agents

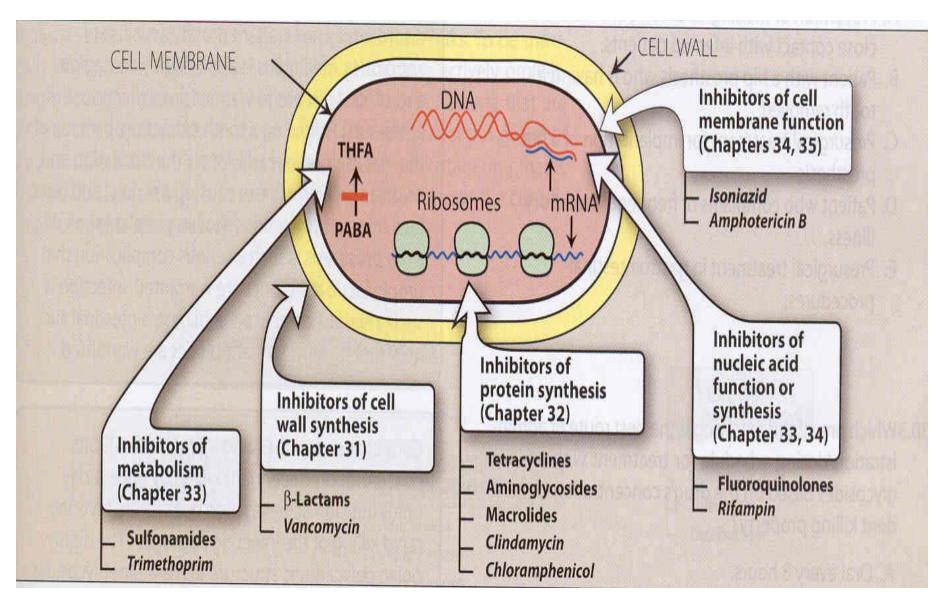
1. According to the **CAUSTIVE AGENTS (The type** of organism) against which they are active.

(bacteria, virus, fungi) `either (antibacterial, antiviral, antifungal & so on)

2. According to their structure (Macrolides, Aminoglycosides, Tetracyclines)

- 3. According to their mechanism of action:
  - a. Inhibition of cell wall synthesis (e.g. Penicillins, Cephalosporins).
  - b. Inhibition of protein synthesis (e.g. Tetracyclines, Macrolides).
  - c. Inhibition of nucleic acid synthesis or function (e.g. Fluoroquinolones)
  - d. Inhibition of metabolism (e.g. Sulfonamides)
  - e. Inhibition of cell membrane function (e.g. Isoniazid)

## Classification of some antimicrobial agent by their site of action..



#### 4- According to the Spectrum of activity

Spectrum: the range of bacteria that a drug is effective against.

- 1. Narrow spectrum antibiotic: active against single or limited # of M.O. ( ex Isoniazid )
- Extended spectrum : is one that, as a result of chemical modification, affects additional types of bacteria, usually those that are gram-negative. active against types of bacteria G- & G+.
   ( ex Ampicillin )
- 3. Broad spectrum: active against a wide variety of microbial species.

( ex Tetracyclines, quinolones, clindamycin , Chloramphenicol ). □Using narrow spectrum effective drug clinically is much better than using abroad spectrum.

<u>So,</u> if u know the causative M.O & u know their susceptibility to the drugs it's better to choose the narrowest drug.

## Why???

Coz wider spectrum means the drug will affect other M.O ex. Normal flora in respiratory tract, urinary tract and so on and we will get condition called

superinfection which is one of complications of using broad spectrum.

## 5- By their action

1. Bacteriostatic drugs

2. Bactericidal drugs

- They arrest/inhibit (stops does not kill it) the growth & replication of the bacteria.
- Given to pts who have good immunity.

#### <u>E.x.</u>

Sulphonamides,

Trimethoprim, Tetracyclines, macrolides, Clindamycin,

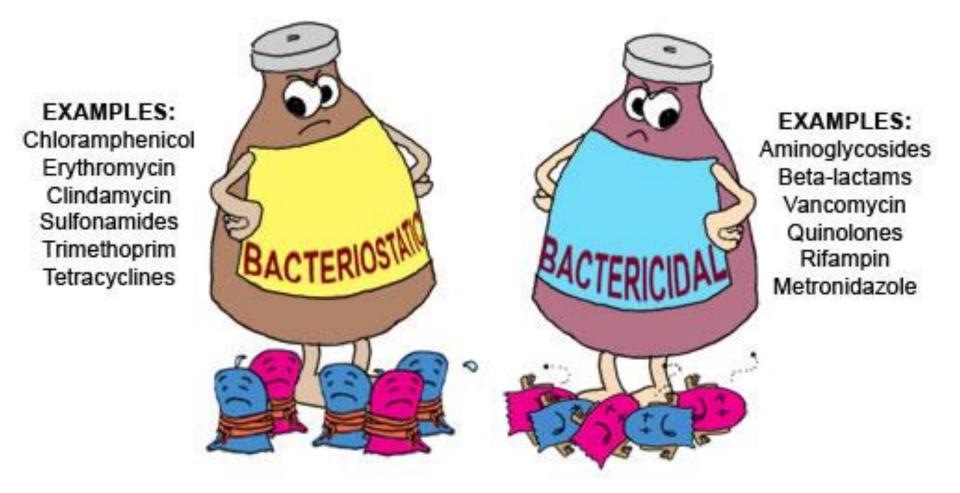
Chloramphenicol.

**-kills** the bacteria that are rapidly dividing or multiplying.

-more preferable in pts who have low immunity. .(HIV patients, cancer patients, taking steroids)

#### **E.x.**

Vancomycin ,B-lactams, Aminoglycosides, Rifampicin Sometimes (not a rule) when you combine two of these bacteriostatic in one drugs, the new drug will become bactericidal.

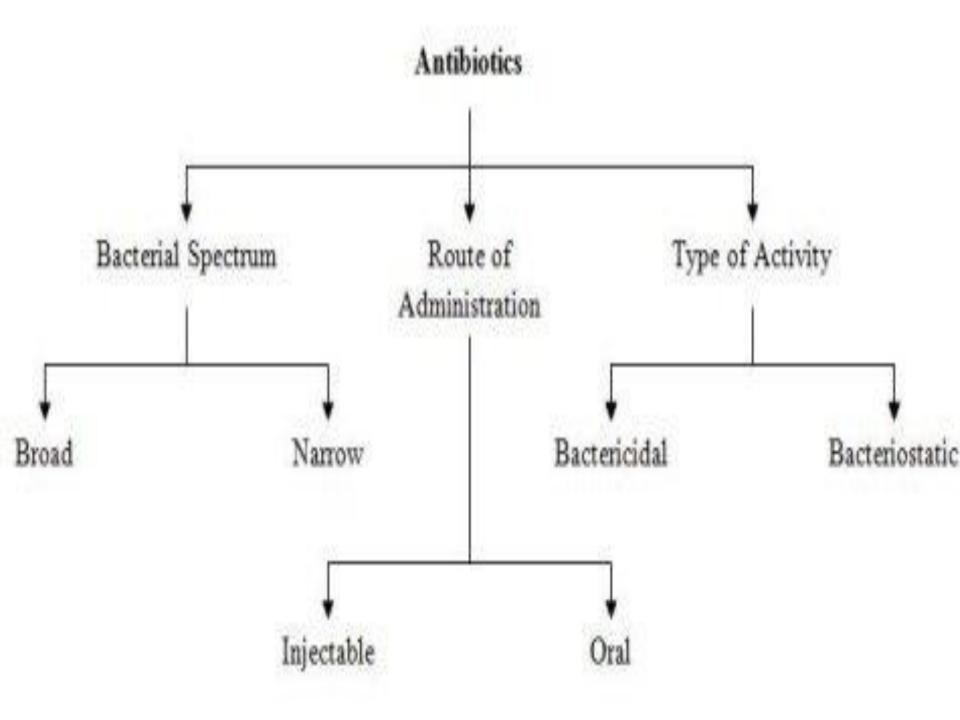


#### Factor determine statics or cidal

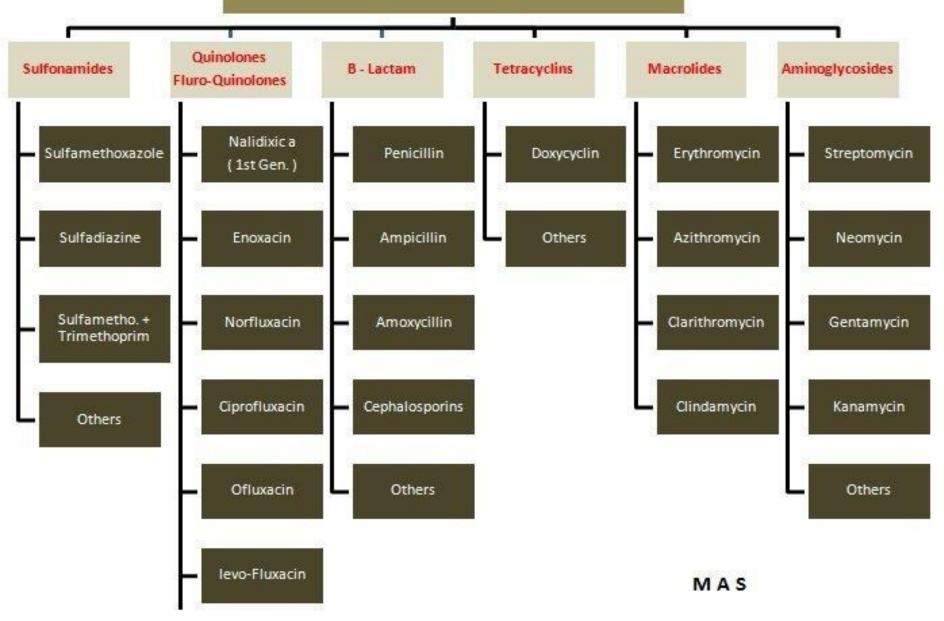
1.The mechanism of action of the drug. For example, inhibition of cell wall synthesis in the bacteria is most likely to be bactericidal agents.

2. The dose (serum level) of the drug at the site of action.

3.The type of microorganism (sensitivity); if the microorganism is resistant to the drug it will be affected like the drug is bacteriostatic even if it's bactericidal.



#### Antibiotics



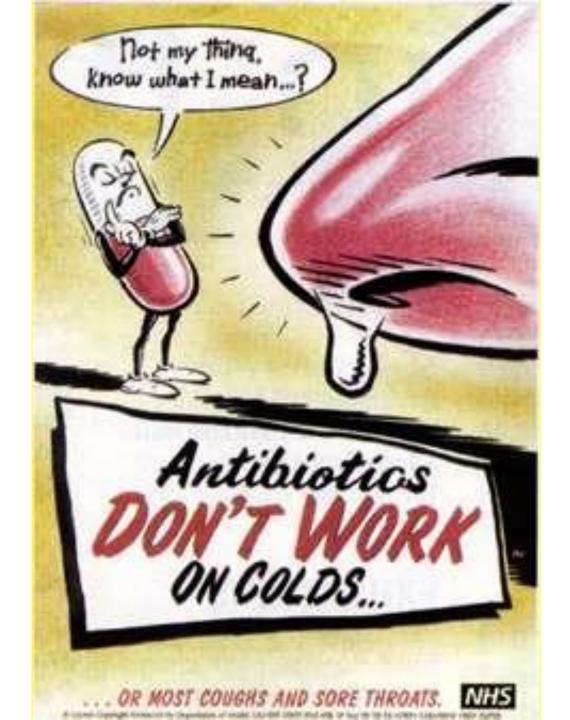
#### **Selection of Antimicrobial Agents**



#### 1- Making the diagnosis :

- To be sure that the pts is suffering from an bacterial infection.
- ✓ Know the site of infection(GI,RT,UT).
- $\checkmark$  Identify the organism.
- Take the required specimen from the patient.(blood, CSF, mid stream urine ,ear swap, vaginal discharge)

## 2-Remove the pathological barrier to cure (abscess ,obstruction)



- **3-Select the best drug :**So that it reach site of infection in the therapeutic conc.
- ≻ Drug properties: PK,TI.
- Optimum dose & frequency
- > the most appropriate route of administration

4- The cost of therapy.

#### **5-Patient factors:**

- 1. Immune system.
- 2. Renal dysfunction.
- 3. Hepatic dysfunction.
- 4. Poor perfusion.
- 5. Age.
- 6. Pregnancy.
- 7. Lactation.
- 8. Concomitant medication.
- 9. Allergy.

## **Antibiotic Therapy**

The principle in any infection the first thing you should do is that you should take a sample for culture & sensitivity test to identify the causative organism and treatment.

Test :- (Blood ,sputum,urine,pus,etc..)



 The first step is culture and sensitivity but while waiting for the culture and sensitivity test to come back that minimally takes 48 hrs unless there is a weekend ,we can't keep the pt without treatment for 4 days ,we treat him with what we call empiric therapy....

 After lab result if the organisms were similar to what u have diagnosed u continue with ur treatment.. Empiric therapy: is treating the pt without knowing the causative organisms & their sensitivity test.

• given BEFORE the lab results.

#### □ Definitive therapy :

treating exactly the causative agent depending on its sensitivity test (done after receiving the results of test)

#### Prophylactic therapy:

Used drugs to prevent an infection rather than to treat, to maintain health and prevent the spread of disease. Before and after exposure to a disease entity.

#### Prophylactic antibiotics (chemoprophylaxis)

- 1.To prevention of opportunistic infection
  In bowel surgery to prevent peritonitis
  In dental manipulation to prevent bacterial endocarditis.
- 2. Prevention of spread among contacts.
- Rifampicin to prevent Meningitis.
   Chloroquine to prevent Malaria.

#### 5- To prevent infection or disease :

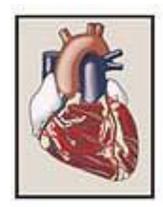
To prevent recurrent UTI: Co-Trimoxazole twice per week

to prevent <u>Rheumatic fever :</u> young man who is having recurrent <u>tonsillitis</u>, we start giving him a monthly interval long acting <u>Benzathine penicillin</u> to prevent the acute streptococcal infection from coming back.

#### To prevent hepatic coma -- Neomycin

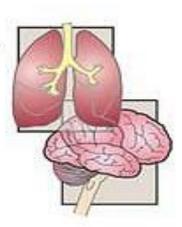


Prevention of streptococcal infections in patients with a history of rheumatic heart disease. Patients may require years of treatment.





Prevention of tuberculosis or meningitis among individuals who are in close contact with infected patients.





Pretreatment of patients undergoing dental extractions who have implanted prosthetic devices, such as artificial heart valves, to prevent seeding of the prosthesis.





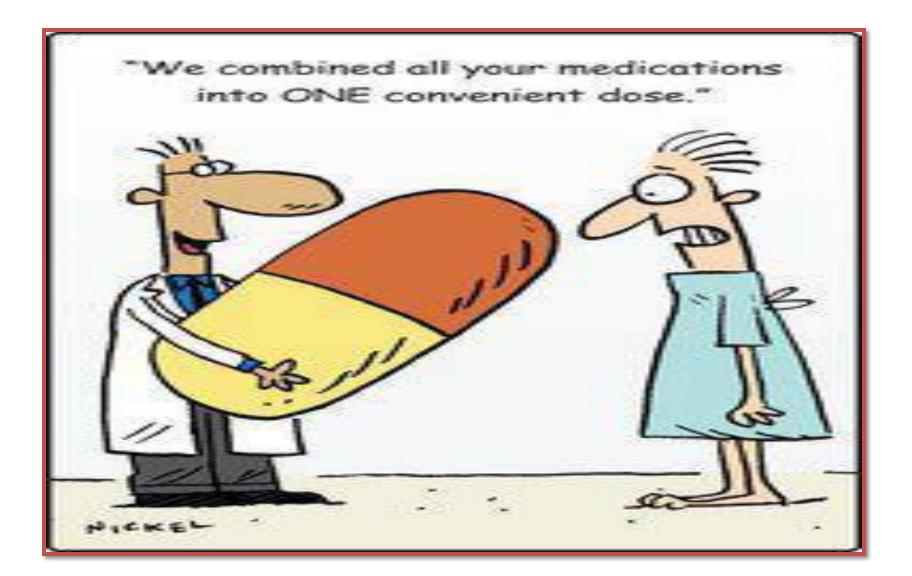
Treatment prior to certain surgical procedures (such as bowel surgery, joint replacement, and some gynecologic interventions) to prevent infection.



Treatment of the mother with zidovudine to protect the fetus in the case of an HIV-infected, pregnant woman.



#### **Combination of antimicrobials**



#### Advantages

To delay or avoid the development of resistance.

(Ex. Tuberculosis)

- 2. To broaden the spectrum of activity. (Mixed infection, severe unknown infection,).
- 3. To obtain potentiation (synergistic effect).
- B-lactams and aminoglycosides in endocarditis.
- Co-trimoxazole.

- The antibacterial effects of all the B-lactam antibiotics are synergistic with the aminoglycosides.
- Because B- lactam facilitate the entry of aminoglycosides (inhibit protein synthesis) to gain access to intracellular target sites.
- $\rightarrow$  This can result in enhanced antimicrobial activity.
- these drug types **should never be placed in the same infusion fluid**, because on prolonged contact, the positively charged aminoglycosides form an inactive complex with the negatively charged penicillins.

#### **Disadvantages:**

- Concomitant administration of a second agent is usually bacteriostatic and may interfere with the action of the first drug that is bactericidal
- Suppression of normal flora, so give higher chance for opportunistic infection (<u>superinfection</u>).
- 3. Increased incidence of adverse reactions.
- 4. Highly cost

#### Friendly Bacteria L. acidophilus, L. salivarius, L. casei, L. thermophilus, B. bifidum, B. longum, etc.

#### **Unfriendly Bacteria**

Pathogenic bacteria & fungi, such as Candida albicans, etc.

### **Problems with antimicrobial**

#### agents

Drug resistance.
 Adverse effects
 Drug-drug interaction

#### 2. Adverse effects

#### a. Hypersensitivity; (not dose related)

e.g. Penicillin, cephalosporin.

#### b. Toxic effect (dose related)

High serum levels of certain antibiotics may cause Direct toxicity / Organ toxicity

- e.g. Aminoglycosides(ototoxicity)
- Chloramphenicol (Aplastic anemia)

### c. <u>Superinfections: (clostridium difficile-colitis)</u>

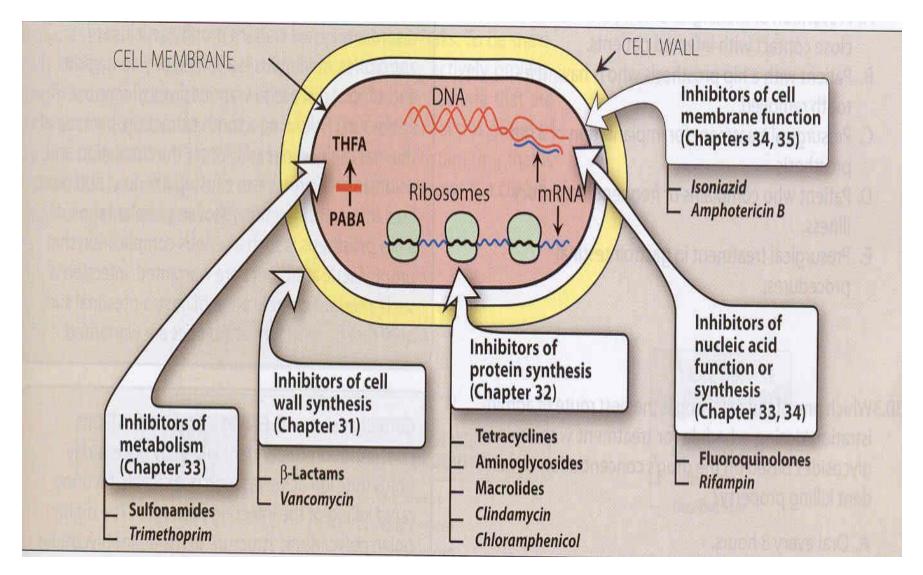
alterations of the growth of normal flora of intestine, genitourinary tracts.

Appearance of <u>a new infection</u> while treating an original infection (multiply C.difficile).

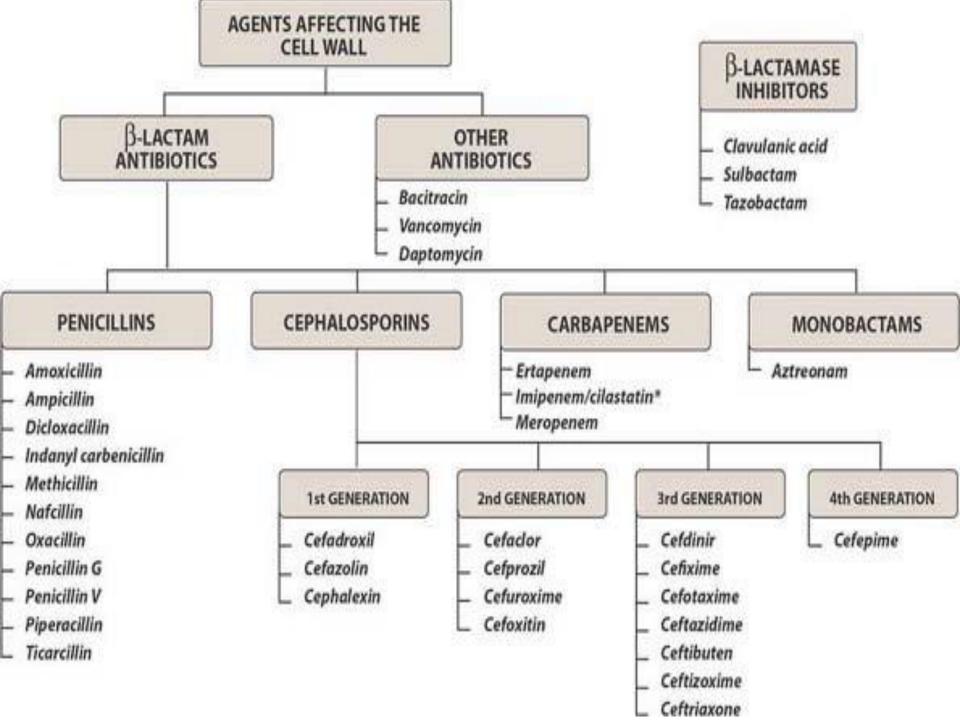
#### **Classification of Antimicrobial Agents**

- 1) Inhibitors of cell wall synthesis
  - B-lactams Vancomycin
- 2) Inhibitors of Protein Synthesis
  - Tetracycline Aminoglycosides Macrolides-Clindamycin - Chloramphenicol.
- 3) Inhibitors of Metabolism
  - Sulfonamides- Trimethoprim
- 4) Inhibitors of Nucleic Acid function or synthesis
  - Fluoroquinolones- Rifampin

# Classification of some antimicrobial agent by their site of action..



# A. Inhibitors of Cell Wall Synthesis



# **CELL WALL SYNTHESIS INHIBITORS**

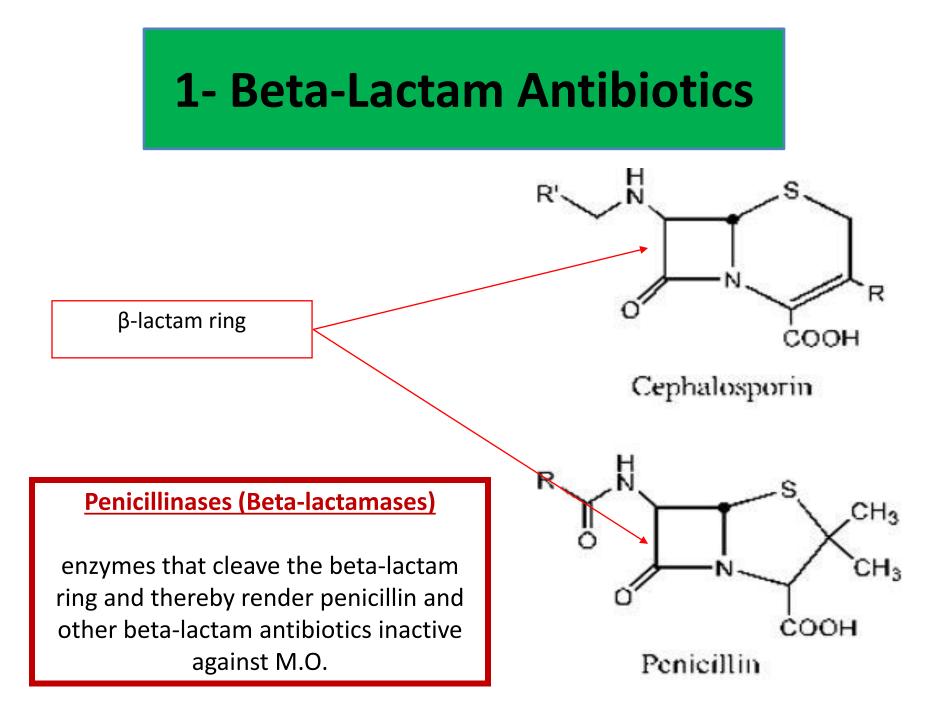
### 1. $\beta$ -LACTAM ANTIBIOTICS.

- I. Penicillins.
- II. Cephalosporins.
- III. Carbapenems.
- IV. Monobactams.

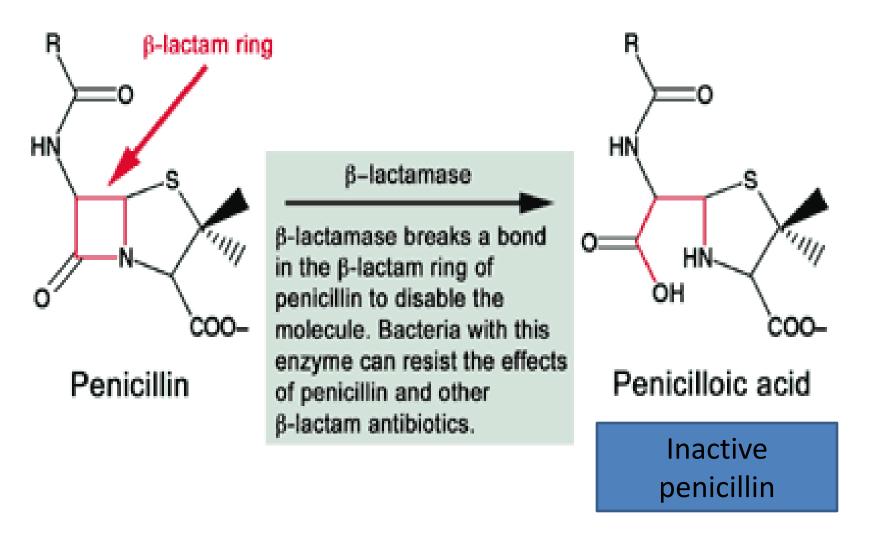
All these have one thing in common which is the Blactam ring, which is very essential & imp for the activity of the drug against M.O.

#### 2. OTHER ANTIBIOTICS.

I. Vancomycin.



#### Penicillin Resistance



## **B-lactamase inhibitors**

Substance don't have antibacterial activity but they have the ability to **inhibit** the B-lactamase enzyme....

Ex. Clavulanic acid

# **Beta-Lactam Antibiotics**

- Cell wall active agents
  - Prevent the final step in the synthesis of the bacterial cell wall.
- Range from very narrow spectrum to very broad spectrum

- Only active on actively multiplying M.O. why???
- The β-lactams are **BACTERICIDAL**...WHY????

## REVIN BROWN PENICILLIN MAN ALEXANDER FLEMING AND THE ANTIBIOTIC REVOLUTION







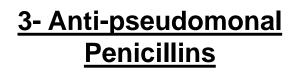
# I. Penicillins

✓ The most widely effective and use. ✓ Least toxic drugs.  $\checkmark$  The safest drugs. (we exclude the allergy rxn) ✓ All penicillins are excreted by the kidneys.

### **Classification of penicillin**

**1- Natural Penicillins** 

Penicillin G(parenteral) Penicillin V(oral)



**Piperacillin** 

<u>2- The extended or broad</u> <u>Spectrum Penicillins</u>

Aminopenicillins : Ampicillin Amoxicillin <u>4- Penicillinase Resistant</u> <u>Penicillins (anti-</u> <u>staphylococcal)</u>

**Cloxacillin.** 

# Natural Penicillins AND

### The extended or broad Spectrum Penicillins

ARE susceptible to inactivation by B-lactamases (penicillinases)

# **1. Natural Penicillins**

<u>1- Penicillin G</u>	<u>2- Penicillin V</u>
(Benzylpenicillin)	(Phenoxymethylpenicillin)
<ul> <li>-also called Crystalline penicillin.</li> <li>-it is powder form.</li> <li>-can be given IV (bolus or infusion) or IM.</li> <li>- Has very short duration (1-2 hrs).</li> <li>- Destroyed by gastric juice if it is given orally so, <u>NOT</u> given orally.</li> <li>- Given in sever infection.</li> <li><u>Syphilis , acute Tonsillitis.</u></li> </ul>	<ul> <li>Given orally (every 4h).</li> <li>Penicillin V is more acid- stable than penicillin G.</li> <li><u>acute Tonsillitis.</u></li> <li>Mild to moderate infections.</li> <li>Commonly used in children.</li> </ul>

# **Derivatives of penicillin G**

Long-acting forms:-

- **<u>1-Procaine penicillin G</u>** (12 hrs) is given as every 12.
- **<u>2- benzathine penicillin G</u>** (4 weeks) is given every month.
  - Effective in treatment in syphilis.
  - Prophylaxis of endocarditis.
  - Prophylactic in rheumatic fever
- Both are administered IM and serve as depot forms..
- they are suspension formulation that is <u>never given by</u> <u>IV</u>rout.

### Pro-Pen-G<sup>®</sup> Injection

(Penicillin G Procaine Injectable Suspension)



NDC 61570-148-10-**Bicillin® L-A** (penicillin G benzathine injectable suspension) FOR DEEP IM INJECTION ONLY 2,400,000 units per 4 mL Ten sterile single-dose disposable syringes (4 mL size) WARNING: NOT FOR INTRAVENOUS USE Ronly Monarch Pharmaceuticals® © 2004 GSM

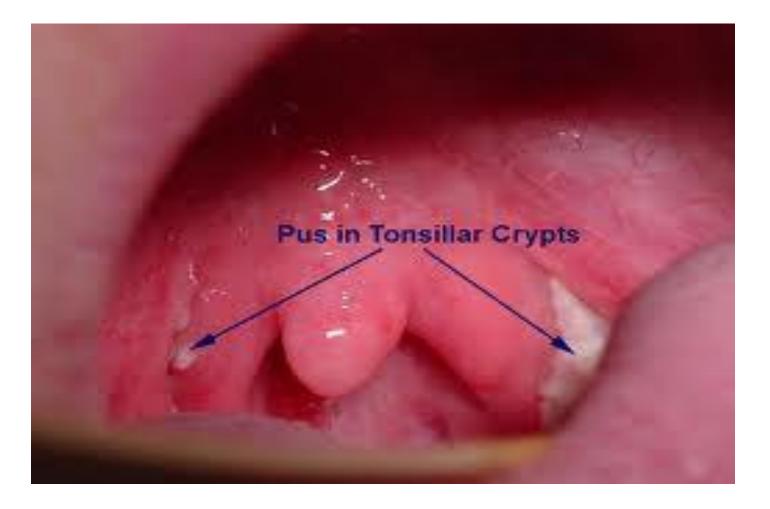
Syphilis & acute sever tonsillitis : Pen G at the beginning...

apt with <u>syphilis</u> who requires a treatment for so many months (maintenance) can receive <u>benzathine penicillin</u> instead of giving him crystalline or procaine penc..

# **Bacterial**

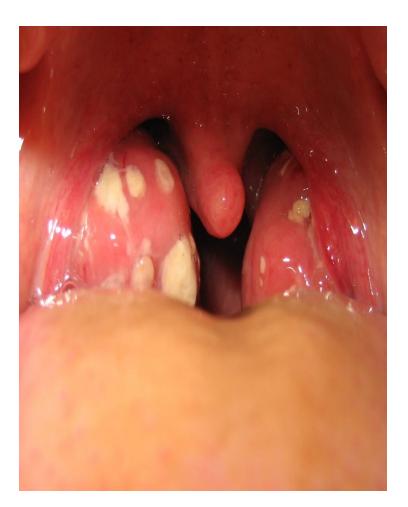






### Acute tonsillitis













# 2. Extended-spectrum Penicillins or Aminopenicillin: Ampicillin and amoxicillin

#### **Ampicillin**

#### Amoxicillin

(IV, Oral) is given every6h (4x1).

### must be taken on empty stomach.

(IV, Oral) is given every 8h (3x1).

better absorbed orally.

#### **Amp**icillin

#### Amoxicillin

- (IV, Oral) is given every 6h(4x1).
- must be taken on empty stomach.
- Is used in Bacillary Dysentery. WHY???
- 1g (4x1) for 5 days + fluid.
- Diarrhea is common side effect WHY????

- (IV, Oral) is given every 8h (3x1).
- better absorbed orally.
- Is employed prophylactically by dentists for patients with abnormal heart valves who are to undergo extensive oral surgery..
- used in treatment of peptic ulcer to eradicates H.Pylori.
- ✤ Otitis media.

**B-Lactamase Inhibitors** clavulanic acid.

- Has <u>NO or lack or very weak</u> antimicrobial effect.
- Binds irreversibly to B-lactmase → protect hydrolyzable pencillins from inactivation by these enzymes.

Major S.E :- GI upset. (due to clavulanic acid)

Augmentin®: consists of Amoxicillin + Clavulanic acid.





**3- Anti staphylococcal penicillins** Also called anti-staph or penicillinase resistance pencillins. Strains of staphylcoccus resistant to these drug called : methicillin- resistant staphylococcus aureus (MRSA). A serious source of nosocomial (hospital-acquired) infections. MRSA commonly respond to vancomycin.

Cilynm

3- Anti staphylococcal penicillins Also called anti-staph or penicillinase resistance pencillins.

#### Ex. Methicillin, Flucloxacillin, Cloxacillin

✤Given IV & orally. (every 4-6 hr)

They are restricted to the treatment of infections caused by penicillinaseproducing staphylococci.

Because of its nephrotoxicity caused by methicillin nowadays this drug is not used clinically.



 Strains of staphylcoccus resistant to these drug called : methicillin- resistant staphylococcus aureus (MRSA).
 A serious source of nosocomial (hospital-acquired) infections.

### 4- Anti pseudomonal Penicillins:

#### Ex. piperacillin

<u>**Ps.aeruoginosa: G-ve bact**</u> Lacks porins  $\rightarrow$  Making these organism resistant to many antimicrobial agents.

♦ Pse.aeruginose → very difficult to deal with & produce resistance easily.

✤Given parentally not orally.

Piperacillin is the most potent of these antibiotics.

### **Antipseudomonal penicillins**

• *piperacillin with tazobactam*, extends the antimicrobial spectrum to include penicillinase-producing organisms. All the penicillins cross the placental barrier, but none has been shown to be teratogenic.

core the inflamed meninges are more permeable to the penicillins.

Penicillin levels in the prostate are insufficient to be effective against infections, penetration into bone, cerebrospinal fluid (CSF), is insufficient

Probenecid inhibits the secretion of penicillins by competing for active tubular secretion via the organic acid transporter and, thus, can increase blood levels

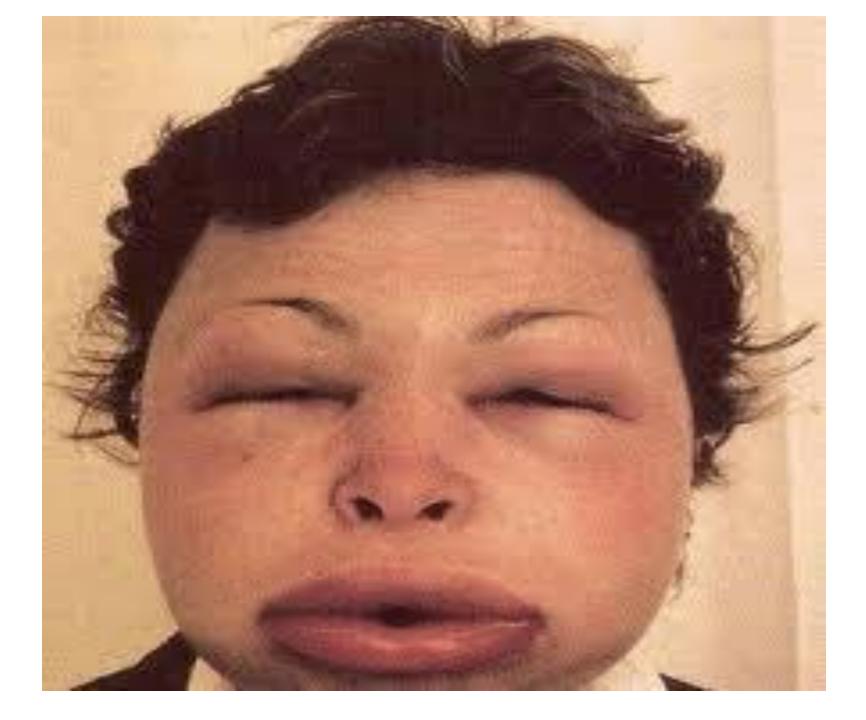
# **Adverse reactions of penicillins**

#### **1-Hypersensitivity reaction :**

- $\checkmark$  ranging from rash to angioedema & anaphylaxis.
- $\checkmark$  Cross sensitivity with other  $\beta$ -lactam as cephalosporins.
- $\checkmark$  Should be avoided if history is positive.

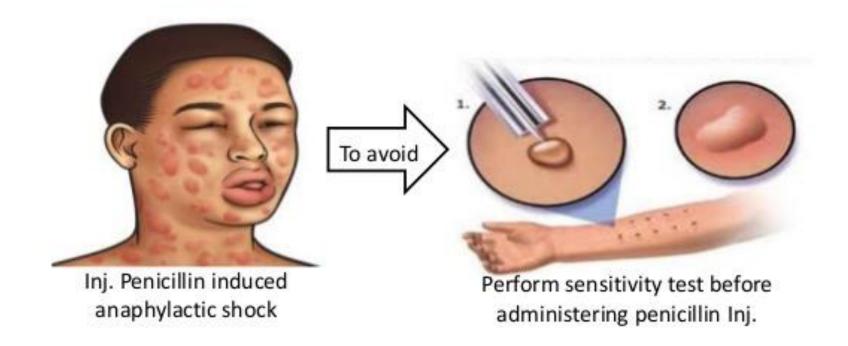
□ To treat anaphylaxis:

- ✓ Maintain air way
- Epinephrine ,by which rout given??
- ✓ Antihistamine .
- ✓ Hydrocortisone.



### Hypersensitivity reaction

 All AMAs are capable to causing hypersensitive reaction, and this this reactions are unpredictable and unrelated to dose.
 E.g.: Penicillin induced anaphylactic shock (prick skin testing)





**2-Diarrhea (most common)**: it is a common problem mainly with (Ampicillin).

Pseudomembranous colitis may occur.

☐ to treat Pseudomembranous colitis :

> Stop the drug .

**Rehydration** with electrolytes (fluid).

> Metronidazole  $\rightarrow$  If no response Vancomycin.

# pseudomembranous colitis

inflammation of the colon that occurs in some people who have taken antibiotics. it is sometimes called antibiotic-associated colitis or C. difficile colitis. It is almost always associated with an overgrowth of the bacterium Clostridium difficile.

Severe pseudomembranous colitis can be life-threatening. However, treatment is usually successful.



# **CEPHALOSPORINS**



¢.

# **II. CEPHALOSPORINS**

## Suffix : Cef or Ceph

- A wider spectrum than penicillins.
- More resistance to B-lactmases enzyme.
  - Eliminated by kidney.
  - More expensive than penicillins.

#### **Classification**

#### to four major groups



### **1**<sup>st</sup> Generation

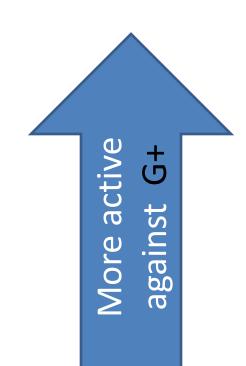
Cefazolin, Cefadroxil

#### 2<sup>nd</sup> Generation

Cefoxitin

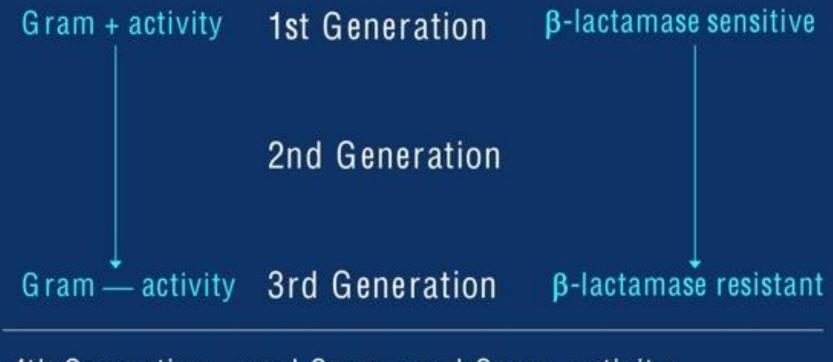
#### **3<sup>rd</sup> Generation**

Cefotaxime, Ceftriaxone





## Cephalosporins



4th Generation: good Gram + and Gram - activity; more resistant to  $\beta$ -lactamase

( 1 <sup>st</sup> . Gen.)	(2 <sup>nd</sup> . Gen.)
Cefazolin (IV) Cefdroxil (oral)	Cefoxitin.(IM or IV)
<u>cefazolin</u>	<u>Cefoxitin</u>
Surgical prophylaxis (orthopedic surgery)?? Give 1g at induction of anesthesia because cefazolin good penetration to bone.	Surgical prophylaxis: (Internal abdominal & pelvic infection). Why??? Against anaerobic M.O (bacteroides fragilis).
<u>Cefodroxil (2x1):</u> UTI,RI & sinusitis.	Give 2g at induction of anesthesia.

(3 <sup>rd</sup> . Gen.)	(4 <sup>th</sup> . Gen.)
Cefotaxime, (IV)	Only parenteral
Ceftriaxone, (IV) Ceftazidime	Ex.Cefapime
The main adv of 3 <sup>rd</sup> generation : their easy penetration to the CSF	Wider spectrum
<u>Ceftriaxone, Cefotaxime</u>	Used in Infection (organism ) resistance to other cephalosporin.
Due to Easy penetration to CSF	
<b>DOC</b> in :- are effective in the treatment of neonatal and childhood <b>meningitis</b> caused by H.influenzae. meningococcal meningitis.	
<ul> <li>Brain abscess</li> <li>Alternative to aminoglycoside</li> <li><u>Ceftazidime active against P.A</u></li> <li><u>Ceftriaxone</u></li> <li>Excretion: mainly in the bile = no need to adjust for renal insufficiency</li> </ul>	

#### **Adverse effects**

 ✓ pain after injection.
 ✓ Diarrhea.
 ✓ Hypersensitivity reaction (10% cross- sensitivity)

# Adverse effects

- Allergic reaction: cross allergy with pencillin(5-15%).
- Some have anti-Vitamin K effect( bleeding).
- Some can cause a disulfiram like reaction.
- False positive glucose test.
- Pain at site of injection.
- Diarrhea .
- neutopenia ,-----





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FOR INTRAVENOUS OR INTRAMUSCULAR USE Rx only

#### **25 Single Use Vials**













3-Carbapenems	4-Monobactams
E.x., Imipenem.	E.x. Aztreonam.
administered IV infusion or IM every 6-8 hrs	It is administered either IV or IM. Every 8 hrs
<ul> <li>✓ Very Broad-spectrum coverage.</li> <li>Empiric therapy</li> </ul>	narrow spectrum.
Clinical application:-	<ul> <li>Only against G- aerobic rod.</li> <li>Aztreonam is resistant to the action of B-lactamases</li> </ul>
combined with cilastatin	this drug may offer a safe alternative for treating patients who are allergic to penic &/or cephalosporins.





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- Imipenem , meropenem
- they Should be reserved to infection that are not responding to other antibiotic.
- These  $\beta$ -lactams antibiotics show cross sensitivity with Penicillins
- Imipenem/cilastatin and meropenem are the broadestspectrum B-lactam antibiotic.
- Imipenem resists hydrolysis by most B-lactamases,
- Imipenem plays a role in empiric therapy .



# **Other cell wall** inhibitor vancomycin

#### Vancomycin

Administered Oral, IV

Narrow spectrum

Bactericidal /not B-lactam

Orally:- every 6 hrs for refractory pseudomembranous colitis due to C. difficile.

Slow IV infusion (1-2 hrs) for treatment of systemic infections or prophylaxis.

✓ is effective against multiple drug-resistant organisms, such as MRSA.(DOC)

✓ Vancomycin in combination with A.G alternative regimen to treatment of enterococcal endocarditis.

#### S.E:-

- 1-Flushing (red man syndrome) with a rapid infusion.( More common)
- 2- phlebitis(inflammation of vein) at site of injection.
- 3- ototoxicity & nephrotoxicity (rare) but increased risk when administered with A.G.



#### Vancomycin Clinical Uses

- Infections due to methicillin-resistant staph including bacteremia, empyema, endocarditis, peritonitis, pneumonia, skin and soft tissue infections, osteomyelitis
- Serious gram-positive infections in β-lactam allergic patients
- Infections caused by multidrug resistant bacteria
- Endocarditis or surgical prophylaxis in select cases
- Oral vancomycin for refractory C. difficile colitis

